

Prior Learning: In Year 2, children were introduced to some fundamental football skills. They learned how to stop with the ball with sole, inside and outside of foot. They learned to dribble the ball with the inside of their feet keeping the ball close to them. They also have begun to learn how to get into a space in a game and shoot into targets and goals. They learned how to get away from a player and began to tackle other players. They played small sided game 1v1, 2v2 and 4v4.

Physical Me

Kicking **Agility**
Running **Balance**
Speed **Co-ordination**
Strength **Throw (in)**
Reaction

Key Skills

Value Me:
- Teamwork

Thinking Me
- Select and apply my skills
- Evaluate performance

Social Me
-Communication
-Encourage
-Collaboration



Key Knowledge

Attacking - The team with the ball attempts to score a goal in the opponents net by shooting or heading the ball

Defending - a defending a team tries to stop the other team scoring and regain possession of the ball
- Once they have the ball they become the attacking team

Heading - age 12 and under are not allowed to header the ball in training or practice in England, Scotland and Northern Ireland.
- However they can header a ball in a game.

Passing - P – Plant (foot)
P – Pass (inside foot)
P – Point (direction)

Football Rules:

No of players in a team:
Maximum 7 on pitch at a time

Size of ball:
Size 3 football

Start of Game:
Teams will be told which way they are shooting at start of game

- Start in the centre of the pitch with a kick-off

A goal cannot be scored directly from a start or restart of play.

Out of play:
If the ball goes off the pitch (sideline) it is a throw in.

If the ball goes off at the goal line:

By attacking team - it is a goal kick
By defending team - it is a corner

Tackling:
No slide tackles



Key Vocabulary

Control

Passing

Dribble

Kick-off

Stationary

Throw-in

Communication

Defending

Attacking