

**Prior Learning:** In Year 5, children further developed their dribbling skills to move with control and at different speeds and direction, with either hand. Children learned how to step, pivot and pass. They also learned ways of protecting the ball while static and dribbling. They looked at effective defensive stances. They learned how to shoot accurately using the BEEF technique. They also developed their qualities of leadership and competition by participating in game of mini basketball.

## Physical Me

**Throw**

**Catch**

**Dodge**

**Run**

**Dribble**

**Agility**

**Balance**

**Co-ordination**

**Jump**

**Speed**

## Key Skills



## Thinking Me

- To make decisions in the game
- Evaluate and improve my performance

## Value Me:

- Teamwork
- Perseverance

## Social Me

- Embrace the rules
- Communicate

## Our Basketball Rules:

### Double Dribble:

When a player dribbles the ball with two hands at the same time or starts to dribble again after stopping

### Out of Bounds:

If a team lose possession of a ball and it goes out of bounds then a free pass is awarded to the opposition

## Key Vocabulary

Weave

Agility

Gladiators

Contestants

Baseline

Accuracy

Evaluate

Referee

Travelling

## Key Knowledge

**Weave** - To move in and out of play

**Evaluate**- Looking at your strengths and areas to improve in your performance

**Agility**- To be able to change direction quickly. In basketball you need to be agile while dribbling the ball

**Baseline**- The back line (where the basket/backboard is)



### Tip Off:

To re-start or put the ball in play by throwing it up between two opponents

### Traveling:

When a player takes too many steps with the ball in their hands without dribbling the ball.

### Shooting:

If a shot is successfully scored two points are awarded.